



SENGKANG GREEN
Primary School



Becoming a future-ready learner

ENHANCING READING LITERACY

A vibrant school with a culture of care and the spirit of excellence

PRIMARY THREE
PARENT ENGAGEMENT SESSION



30 January 2026



SENGKANG GREEN
Primary School

马到成功



MCCY Facebook, 30 Dec 2025



<https://www.vecteezy.com>

Objectives of Today's Session

 **Education Shifts & 2026 School Theme**

 **Learning in Primary 3**

 **School-Home Partnership**

School Leaders



Mr Gau Poh Teck
Principal



Mdm Ginny Chua
Vice-Principal
(Admin)

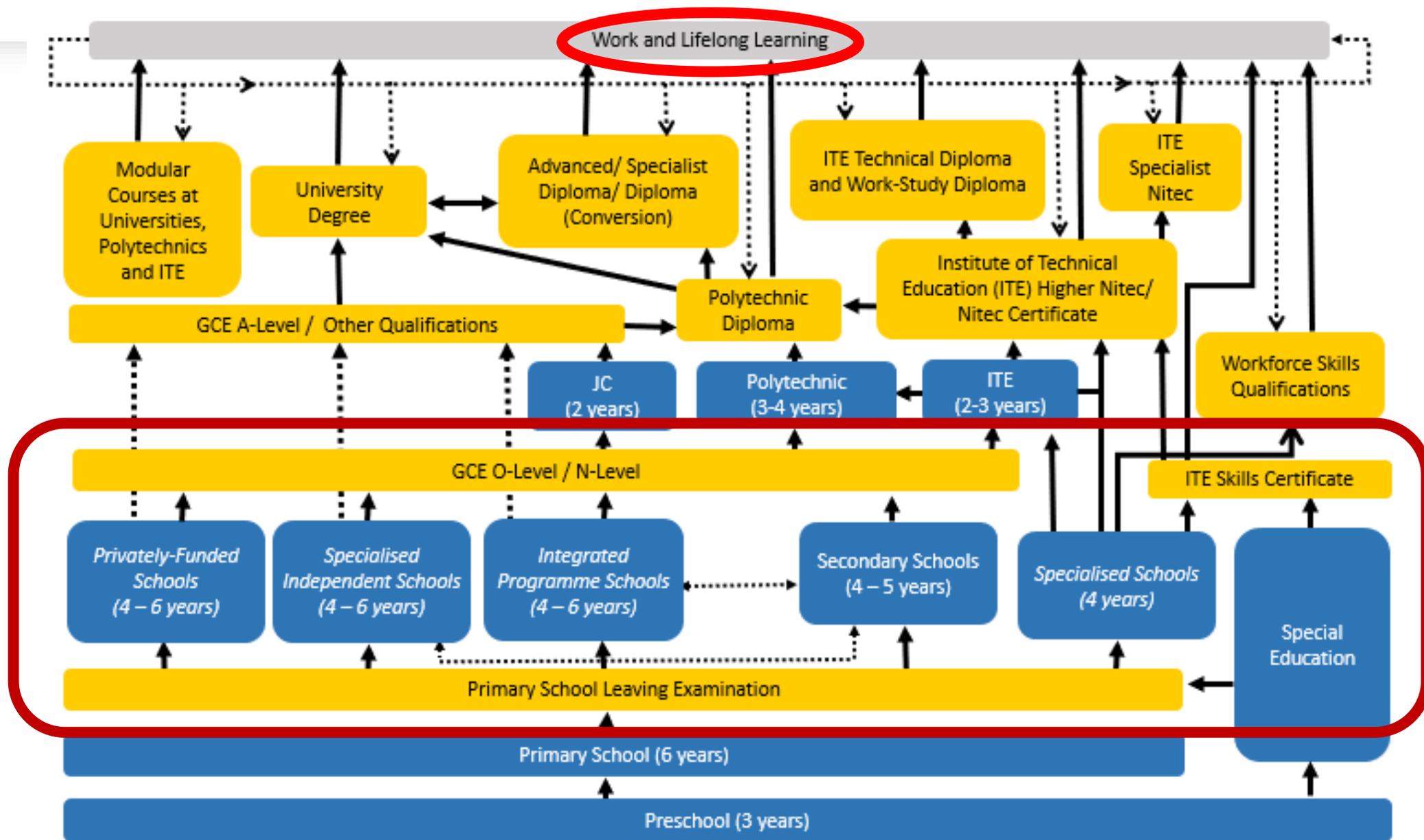


Ms Adila Ong
Vice-Principal
(Academic)

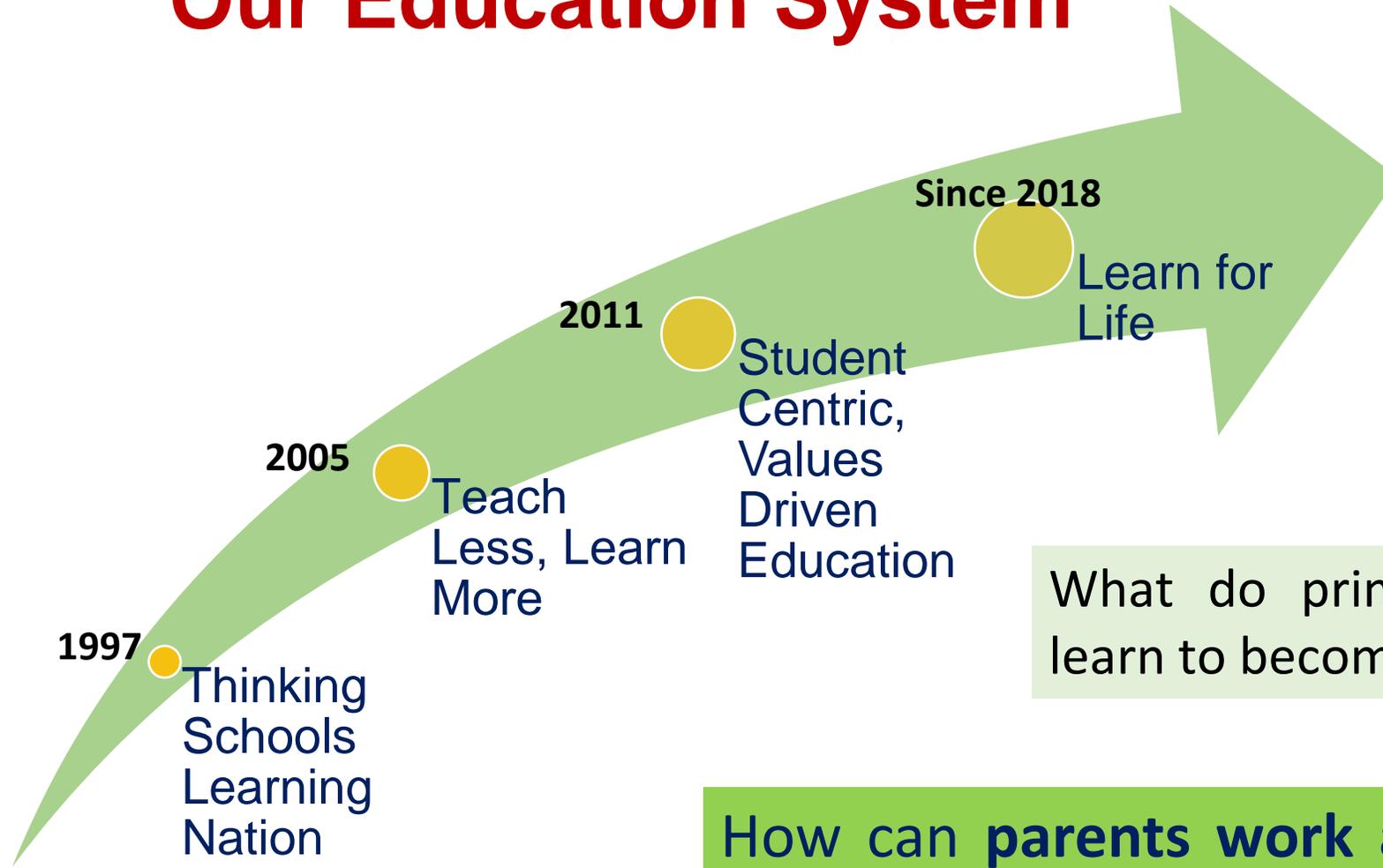


Mr Jeremy Tan
Vice-Principal
(Academic)

Educational Pathways Today that Starts with Pre-School Education



Our Education System



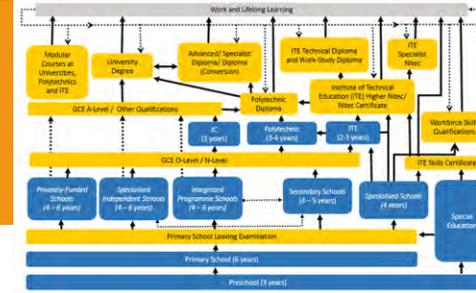
View education as a **lifelong journey**, take a long-term view of the decisions we make in educating our students

What do primary school students need to learn to become effective lifelong learners?

How can **parents work alongside the school** to nurture the lifelong learners in our students?



WHAT DO OUR CHILDREN NEED TO THRIVE IN THE FUTURE?



STRONG FOUNDATION

Examples:

- Literacy (Bilingualism)
- Numeracy
- Social-emotional skills (self & interpersonal)



21ST CENTURY COMPETENCIES

Examples:

- Adaptive thinking
- Inventive thinking
- Civic Literacy
- Communication



VALUES

Examples:

- Our school ICAR²E Values
- Kindness (We before me)
- Resilience (mindset & actions)

WHAT DO OUR CHILDREN NEED TO THRIVE IN THE FUTURE?

21st Century Competencies - **strong foundations**

Adaptive Thinking

- i. Assesses different contexts and situations in order to make connections and draw new insights
- ii. Manages complexities and ambiguities by adjusting one's perspective and strategies

Civic Literacy

- i. Demonstrates understanding of values, ideals and issues of personal, community and national significance
- ii. Plays active and constructive roles to improve the school, community and nation



Inventive Thinking

- i. Explores possibilities and generates novel and useful ideas
- ii. Evaluates and refines ideas to formulate novel and useful solutions

Communication

- i. Effectively communicates information and co-constructs meaning
- ii. Engages empathetically with diverse perspectives



School Vision

A vibrant school with
a culture of care and
the spirit of excellence

School Mission

To nurture **healthy** and **happy** individuals
with strength of **character**, ready to
serve, ready for the **future**

of excellence



Integrity

Care

Active Teamwork

Respect & Responsibility

Excellence



Values ICAR²E

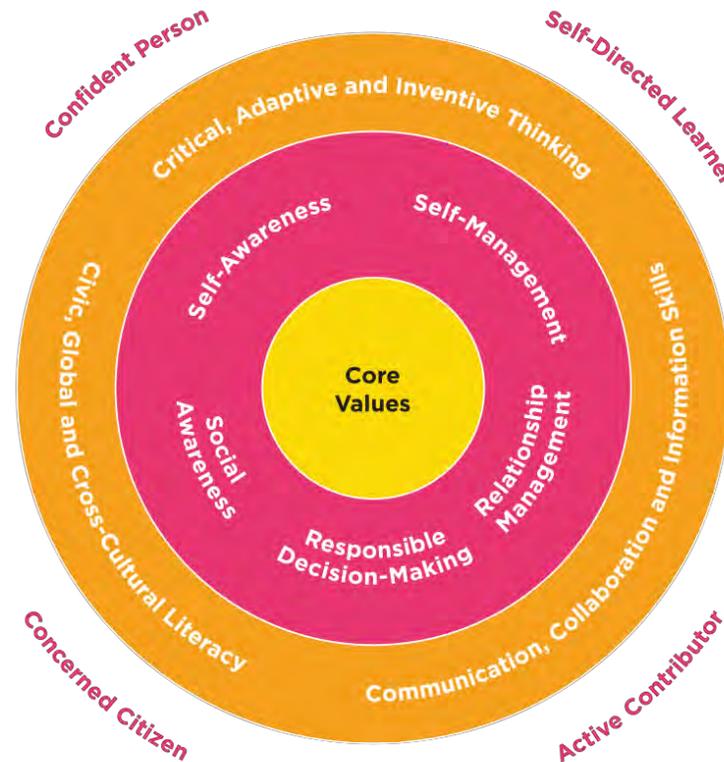


Executive Functioning Skills from Preschool

EF skills include:

- paying attention
- remembering and following rules
- regulating emotions
- taking turns
- self-control
- flexible thinking

21st Century Competencies from Primary 1



SKGian Character beyond SKGPS



Qualities of our SKGians

- **Future-ready life-long learners**
- **Strong and resilient**
- Maintain **good character** to withstand negative influences
- **Contribute** to home, school and the community



Education Post-Covid: To Better Prepare our SKGians to be Future-Ready

2024 Theme:

Primary 1

Becoming a
Future-Ready
Learner

– **Promoting
Holistic Health**

2025 Theme:

Primary 2

Becoming a
Future-Ready
Learner

– **Learning With
Technology**

2026 Theme

Primary 3

Becoming a Future-
Ready Learner

– **Enhancing
Reading Literacy**

2027 Theme:

Primary 4

Becoming a
Future-Ready
Learner

– **Developing
Eco-Stewardship**



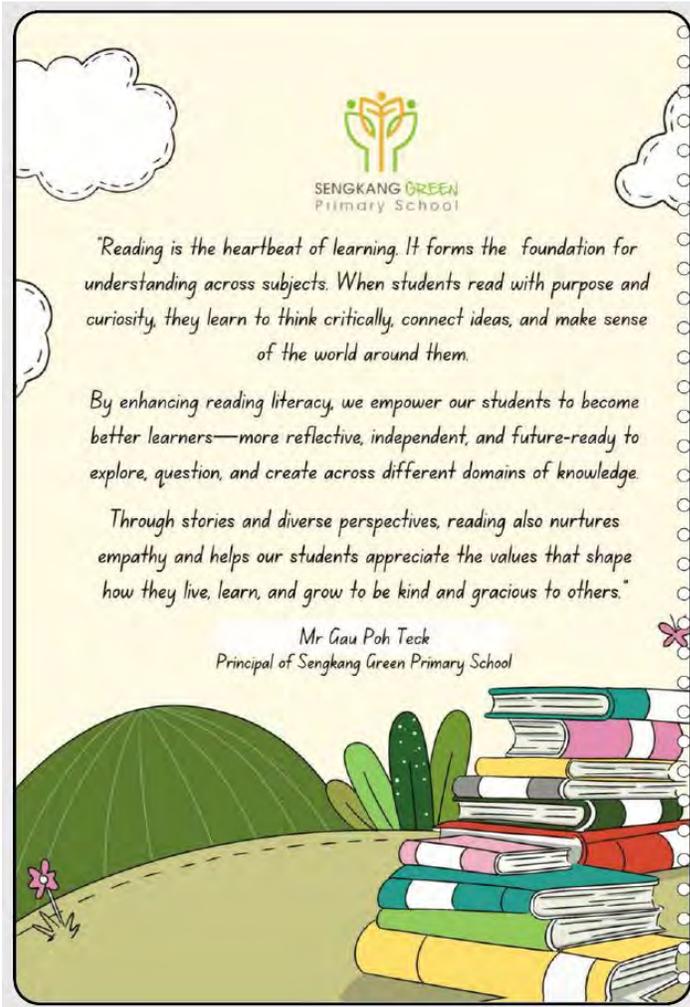
School Theme 2026

Reading is the heartbeat of learning.

It forms the ***foundation of learning across subjects***. When students read with purpose and curiosity, they learn to think critically, connect ideas, and make sense of the world around them.

By enhancing reading literacy, ***we empower our students to become better learners*** - more reflective, independent, and future-ready to explore, question, and create across different domains of knowledge.

Through stories and diverse perspectives, reading also ***nurtures empathy and helps our students appreciate the values*** that shape how they live, learn and grow to be kind and gracious to others.



School Theme 2026

How READING can enhance SKGPS ICAR²E Values

R – Respect & Care

Builds **empathy** and **respect**

E – Ethical Thinking (Integrity)

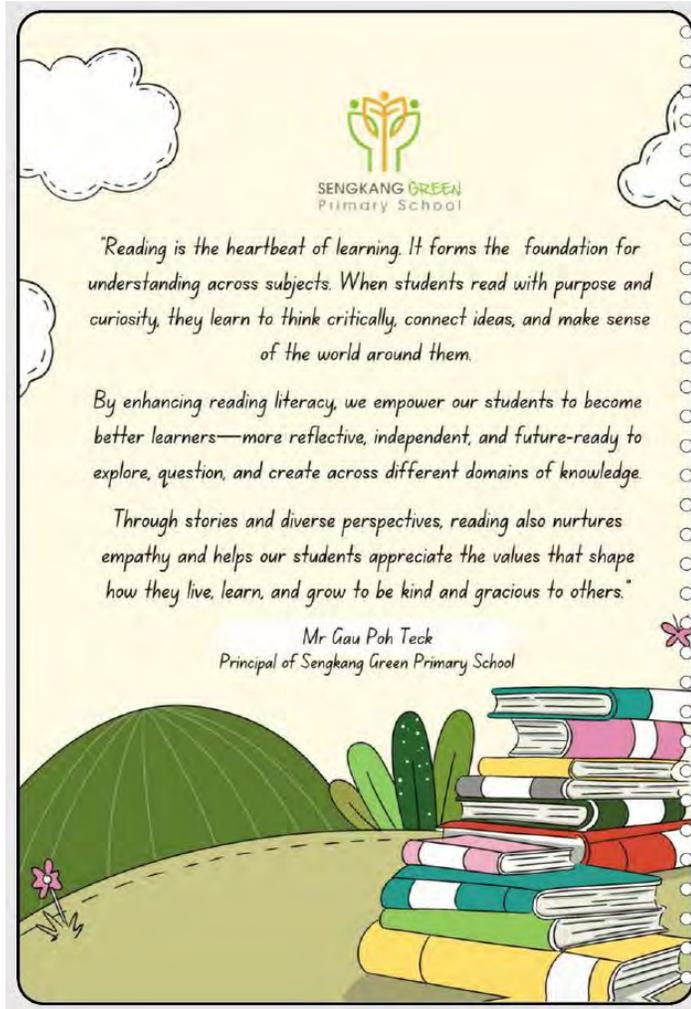
Develops **moral choices** – Stop, Think, Do with Kindness

A – Accountability (Responsibility)

Encourages learning **responsibility, discipline** and **productive struggle**

D – Drive for Excellence

Inspires **curiosity** and **personal best**



What is Reading Literacy?

More than just reading words. Foundational skill for lifelong learning.

It means to have the ability to:



Understand what we read

- print and digital
- e.g. signs, stories, advertisements, labels



Think about the texts

Ask relevant questions

Seek clarification



Make sense of information

Form sensible opinions

Use it for learning and daily life



School Themes: Promoting **Holistic Health** (2024), Learning with **Technology** (2025) & Enhancing **Reading Literacy** (2026)

Don't shield students from screens, but teach them to use devices purposefully:
Chan Chun Sing



Despite potential dangers, students should not be prevented from using devices, but be taught how to use them purposefully. ST PHOTO: JASON DUAH

The Straits Times, 2 Jan 2025

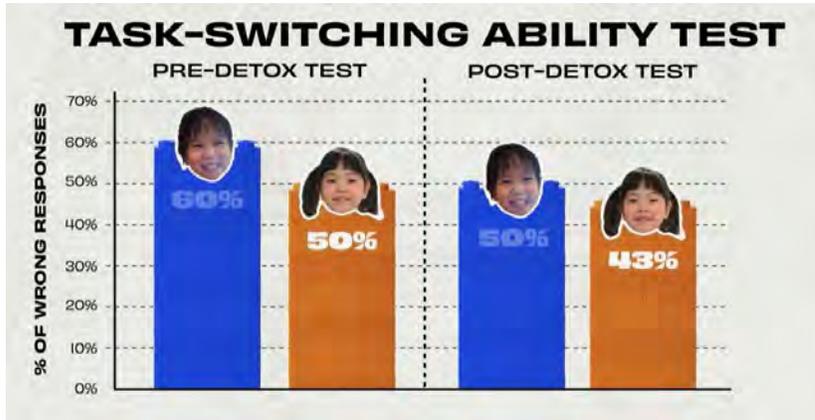
*“It’s a bit like discovering fire... Fire can be **both good and bad**. If you don’t know how to use it, you burn down everything. Use it properly, and you can use it to cook and generate electricity”*

Mr Chan Chun Sing, former Education Minister

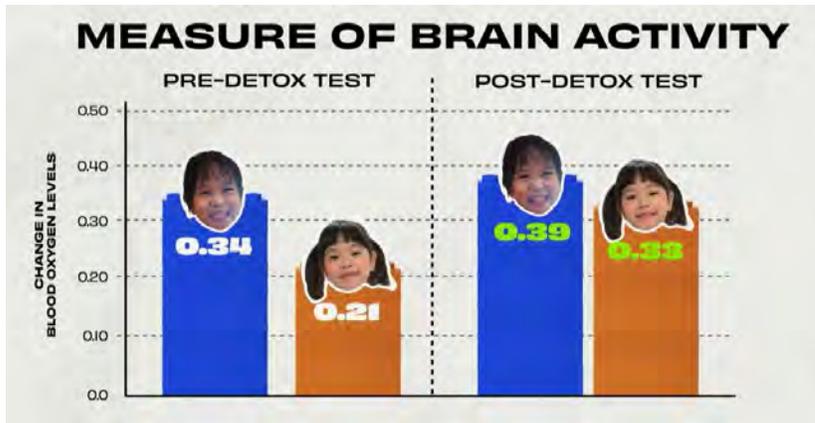
A local research effort in child development showed:

- **detrimental cognitive impacts** when children are exposed to screen time before the age of two.
- **unsupervised** consumption of videos for more than two hours could result in **a drop in IQ** by the time a child turns seven years old.

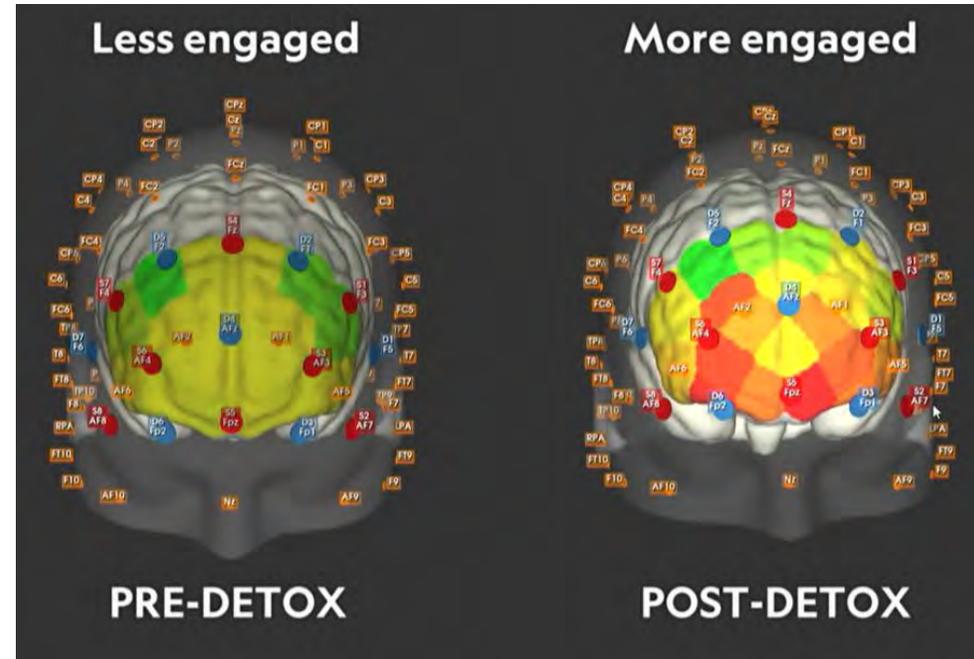
What Happens When Device-Hooked Preschoolers Go On A 3-Week Screen Detox? — CNA Talking Point, 20 Jan 2026



Post-Detox: Drop in wrong responses



Post-Detox: Brain is more engaged



More orange & red, brain is more engaged



<https://for.edu.sg/screendetox>

for.edu.sg/screendetox



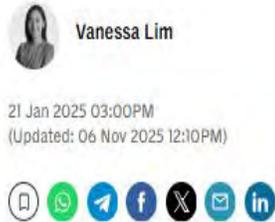
Singapore

Guidelines on screen use to be rolled out in Singapore schools

"We've reached a critical point. We have enough evidence that prompts us to want to do something than to wait for more evidence to come up," says the Ministry of Health.



(From R to L) Health Minister Ong Ye Kung, Minister of State for Education and for Manpower Gan Siow Huang and Minister of State for Social and Family Development Sun Xueling speaking to a student at Temasek Primary School on Jan 21, ...see more



MOH's new screen time guidelines for kids under 12



Below 18 months



- **No screen time** (except for video calls)
- Do not leave screens on in the background

18 months to 6 years old

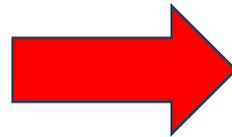


- Screen time: **Under 1 hour daily** outside school
- Watch media with kids when possible
- Do not use screens to occupy or distract children
- Choose age-appropriate educational content
- Do not leave screens on in the background
- **No screens during meals and before bedtime**

7 to 12 years old



- Screen time: **Under 2 hours daily**, except for schoolwork
- Avoid giving children mobile devices with unrestricted internet and app access
- Avoid giving children access to social media



SENGKANG GREEN
Primary School

A vibrant school with a culture of care and the spirit of excellence

Infographic: Clara Ho

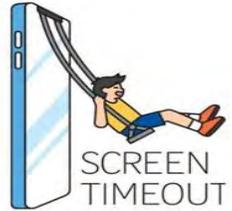
Source: Ministry of Health, Jan 21, 2025



THE SUNDAY TIMES

MDDI (P) 047/10/2025

A NEW YEAR-LONG SERIES EXPLORES DEVICE USE AMONG KIDS, TEENS AND ADULTS



'I just wanted to stay home and play'
Gaming took over his life until he found muay thai

'I have seen his face... My parents have to trust me'
Her online relationships worry her parents

'I didn't realise the slippery slope I was on'
Porn addiction leads to criminal conviction
| A2-4

The Straits Times, 25 Jan 2026



SINGAPORE – **Something is not right** with the way our children are growing up with screens, and the hold the gadgets have over them.

Families sit around the same table, yet **conversation is minimal**. Children watch shows or play games on their devices, while adults scroll on their own phones.

Ms Andrea Chan, the group head of TOUCH Counselling and Psychological Services:

- The easy accessibility of digital devices often makes them **a go-to solution**, and the constant stream of stimulation can be **highly addictive**, leading to extended periods of screen time.
- **Lacking the maturity and skills to manage screen time responsibly** also makes young children vulnerable to screen dependency and addiction issues.



“ ... reading can counteract brain changes”

Babies with too much screen time may become anxious teens with slower decision-making: Singapore study

Sign up now: Get ST's newsletters delivered to your inbox



Researchers at A*STAR's IHDP said this study explains why limiting screen time in the first two years is crucial.
PHOTO: ST FILE

But all is not lost – parent-child activities like reading can counteract brain changes

The Straits Times, 1 Jan 2026

A Singapore study links **high screen time** for children below age two to **slower decision-making** and **increased anxiety** in their teenage years due to altered brain development.

Parents **reading** to children at age three can reduce the negative effects of screen time on the brain, emphasising the **importance of parental engagement**.

MOH recommends screen time guidelines, with experts suggesting **responsible use with parental involvement** and **less stimulating content**.



Learning with Technology to be future-ready

How to do that?

Guide use of device for learning

Help your child use devices purposefully, not passively.

Set clear screen time limits

Balance screen time with reading, play, and rest.

Be involved

Know what your child watches, reads, and plays online.

Teach cyber safety

Remind your child to be safe, kind, and respectful online.

Work with the school

Children succeed best when parents/adults, students, and teachers work together.



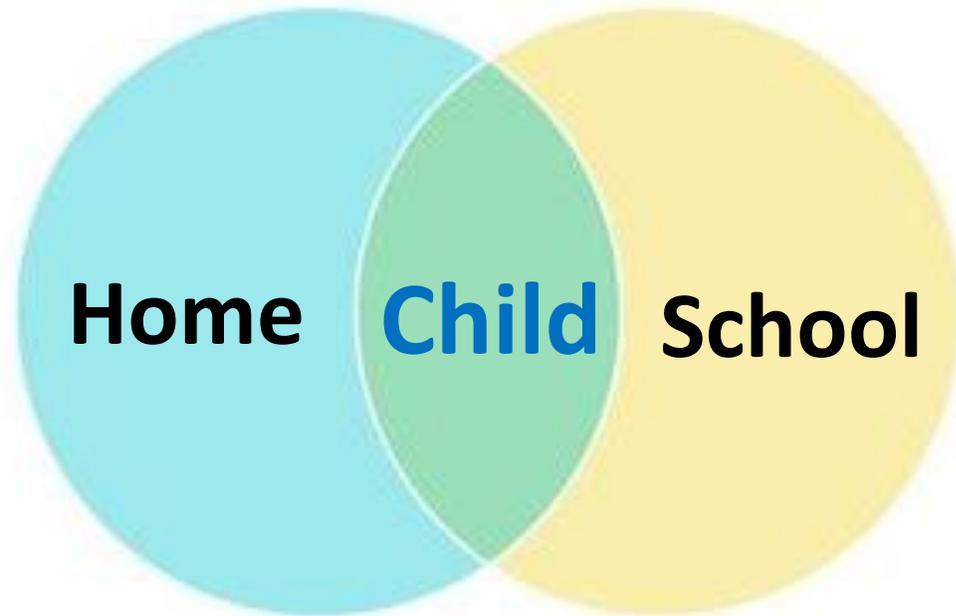
Mobile and Smart Device Policy

- Students are not allowed to bring mobile and smart electronic devices to school. For e.g. mobile phones, ipads and smart watches. This is to avoid distractions from lessons and the loss of such valuables.
- It is important to nurture students to be responsible and discerning users of technology.
- Students are to use the pay phones located near the canteen if they need to contact their parents during school hours or after school.
- Any parent with exceptional reason for his/her child to bring electronic devices to school, must seek the Principal's prior permission in writing.
- The permission of the Principal will be valid up to 31 Dec of the year and fresh permission has to be sought on a yearly basis.



School-Home Partnership

Our common interest: the Best for the Child



School-Home Partnership

-  Our Shared Goal - **Wellbeing of Our Students, Our Children**
-  Build on **mutual respect and trust**

 **Respectful communication supports better learning**

Benefit from clearer guidance and stronger learning support

 **Shared responsibility strengthens attendance**

Develop positive routines, punctuality, and responsibility for school

 **A safe, supportive environment builds positive behaviour**

Promote positive emotional regulation, prosocial interaction skills and resilience

School-Home Partnership

Communication Channels

School Website	<p>Check the school website regularly for important updates, including the School Calendar.</p> <ul style="list-style-type: none">• Semester 1 schedule – available from Friday, 9 January 2026• Semester 2 schedule – available from Monday, 2 February 2026 <p>The Principal's Message for 2026 was uploaded on 31 December 2025.</p>
Parent Gateway (PG)	<p>PG is our main digital communication platform where we share notifications about school events and programmes. Check your PG regularly for notifications and updates.</p>



School-Home Partnership

Communication Channels

Handbook page 15 and 16

Student Handbook	Write your feedback in your child's handbook and ask them to show it to their teachers. Teachers will acknowledge your message after reading it.
Email	Form teachers will provide their email addresses at the start of the year. They will respond to your emails within three working days.
Telephone	To speak to a teacher by phone, call the school main line at 63864255 during office hours. Provide your name, your child's name and class, and your contact number to the receptionist. As teachers will be teaching during curriculum time, they can only return your call after lessons.
In-person meetings	To meet your child's teacher, please arrange an appointment. Meetings are scheduled after curriculum hours to allow teachers to focus on their teaching duties.



Engagement Charter

Role Modeling:

Let us strive to communicate graciously and respectfully.

Duty of Care:

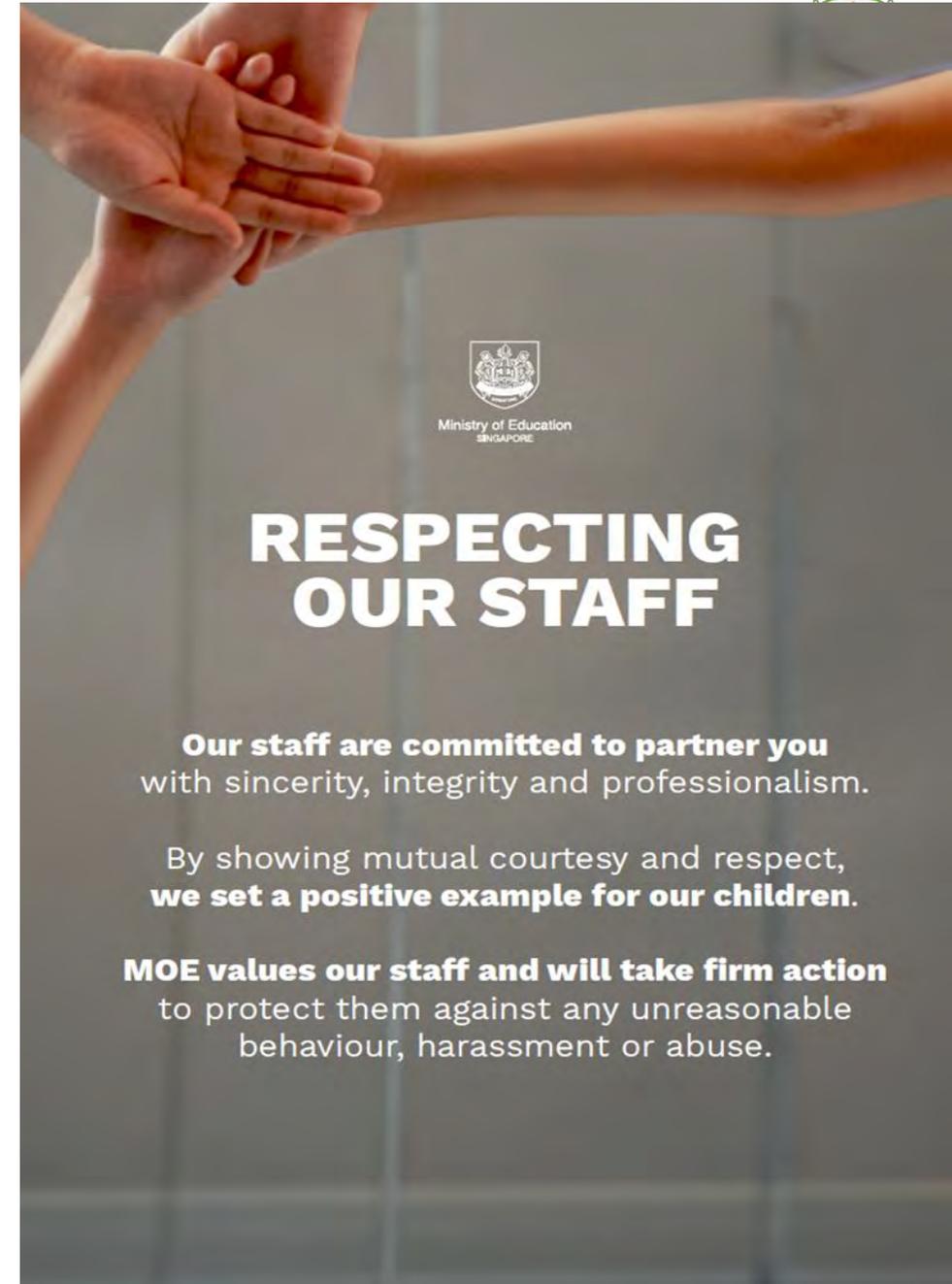
The school is committed to protecting the well-being of its teachers and staff.

Safe Environment:

We are dedicated to preventing intimidating or threatening behaviours in any form.

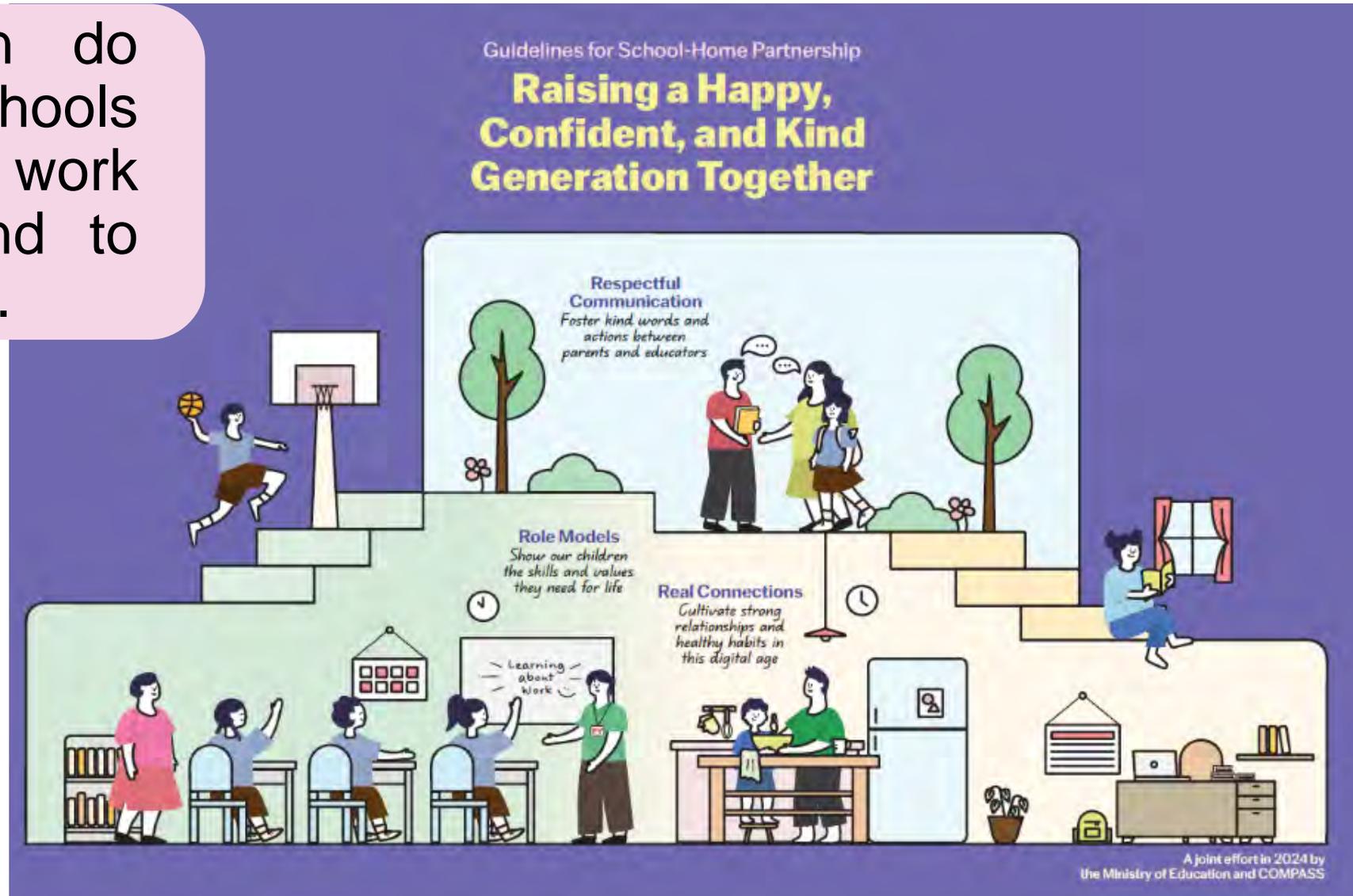
Engagement Policy:

Please note that the school reserves the right to limit engagement with parents in circumstances of inappropriate communication.



School - Home Partnership

Our children do best when schools and parents work hand in hand to support them.





YEAR HEAD'S TIME





image from: <https://www.skullbasedisease.org/support>

HOLISTIC EDUCATION

Built on several domains that ensure a student is ready for life, not just exams:

Cognitive

**Social &
Emotional**

**Character
& Moral**

Physical

Aesthetic





Our SKGIAN Learning Dispositions



At Sengkang Green, every SKGian grows with these dispositions:

Positive behaviours and attitudes which are important to promote the joy of lifelong learning

S

Sense of Curiosity



Ask questions, explore new ideas and never stop learning.

K



Knowledge of the World

Learn about people, cultures and the environment around us.

G

Grit



Persevere and stay strong even when things get tough, and embrace mistakes as part of learning.



I

Inventiveness

Be creative, try new ways of solving problems, and think out of the box.

A

Appreciation



Show respect and be grateful to people, nature and given opportunities.

N

eNgagement



Be motivated and self-directed, participate actively and give your best in everything you do.

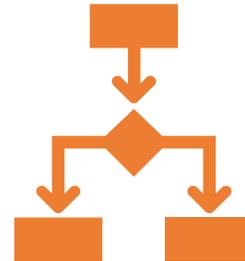


Transition to Primary 3

Confident Lifelong Learners



Relationship



Choices



Growth Mindset



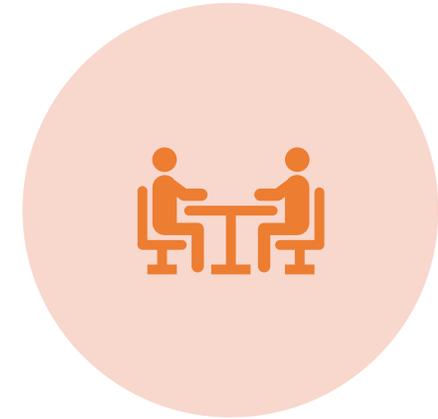
CARING AND ENABLING SCHOOL



**SCHOOL-WIDE /
COHORT-BASED**



CLASS-BASED



**SCHOOL-HOME
PARTNERSHIP**



Transition to Primary 3

– Key Focus

- Develop greater self-awareness and independence in making responsible and respectful actions
- Understand and adapt to change and expectations with perseverance and grit
- Strengthen self-management and interpersonal skills in being kind and gracious to others



Transition to Primary 3

- **Growth Mindset – Power of Yet & Grit**
- **Social-Emotional competencies and skills**
 - e.g. regulate emotion, responsible decision-making and problem-solve
- **Kindness and Gratitude** to others and the shared places in school
 - e.g. empathy, perspective-taking, work with other
- **Stay focused** over a longer time span
- Being a responsible digital user (**cyber wellness**)



Transition to Primary 3

Greater opportunities:

- develop **collaborative learning** to foster **active teamwork**
- hone **personal leadership** to foster **responsible decision-making skills** through varied class/school programmes
- participate in CCA and Enhanced

Curriculum on Thursdays from Term 3



Transition to Primary 3

Enhanced Curriculum (Thursdays, 2 pm – 3 pm)

- Develop student's life skills in a structured learning environment
 - Independence, self-discipline, time-management
 - Continue routines at home
- Use this one hour for self-directed learning
 - revision and reinforcement of learning
- Start from Term 3 Week 2, 9 July
- Lunch break from 1.30pm to 2.00pm



Transition to Primary 3

Co-Curricular Activities (CCAs)

Key component of students' holistic education

- develop **character**, learn **values**, **social emotional competencies** and **life skills** to prepare them for future challenges
- discover **interests and talents**
- **learn and interact with peers** from diverse backgrounds
- develop **friendship** and deepen their **sense of belonging** to the school and community



P3 CCA Selection Process

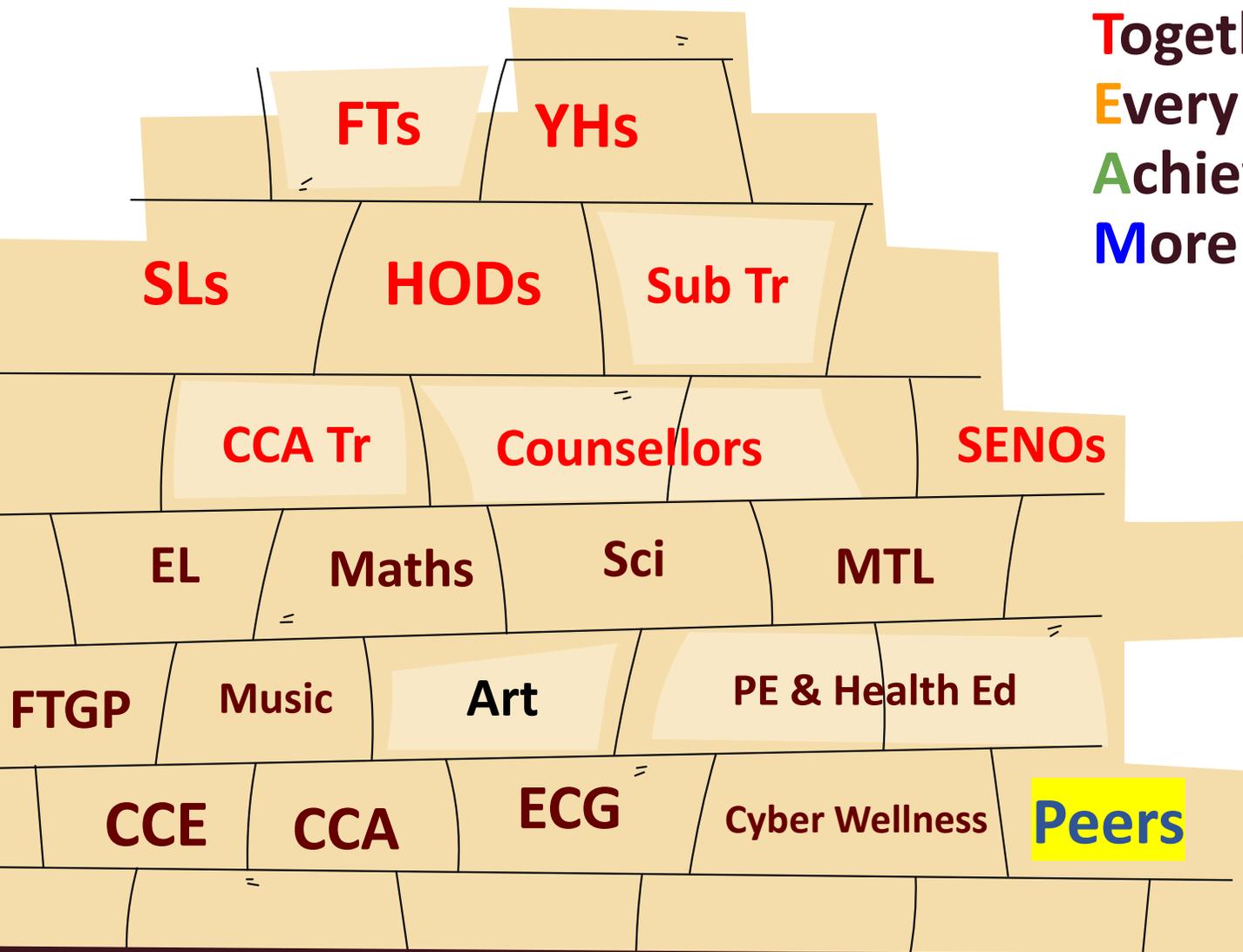
**eCCA Discovery Day
(Term 4, 2025 to
Term 2 Wk 10, 2026)**

**Submission of
CCA choices via
All Ears eForm
(Term 2 Wk 8
2026 onwards)**

**Commencement of
CCA
(Term 3 Wk 2,
2026)**



WELL BEING AND MOTIVATIONAL SUPPORT



Together
Every SKGian
Achieves
More holistically



Strength of Character

Ready to serve

Ready for the future



Well-being and Emotional Support

Care Team

- Form Teachers & Subject Teachers
- Allied Educators (e.g. School Counsellors)
- Student Development Team (e.g. Year Heads, HOD Student Management, Discipline Master)

Peer Support Structure

- Every Student a Peer Supporter
- Be a Positive Peer to one another



vibrant school with a culture of care and the spirit of excellence

Morning Assembly with Form Teachers



GROWTH MINDSET
Term 1 Week 2

There may be things I don't know right now, but

I CAN



learn

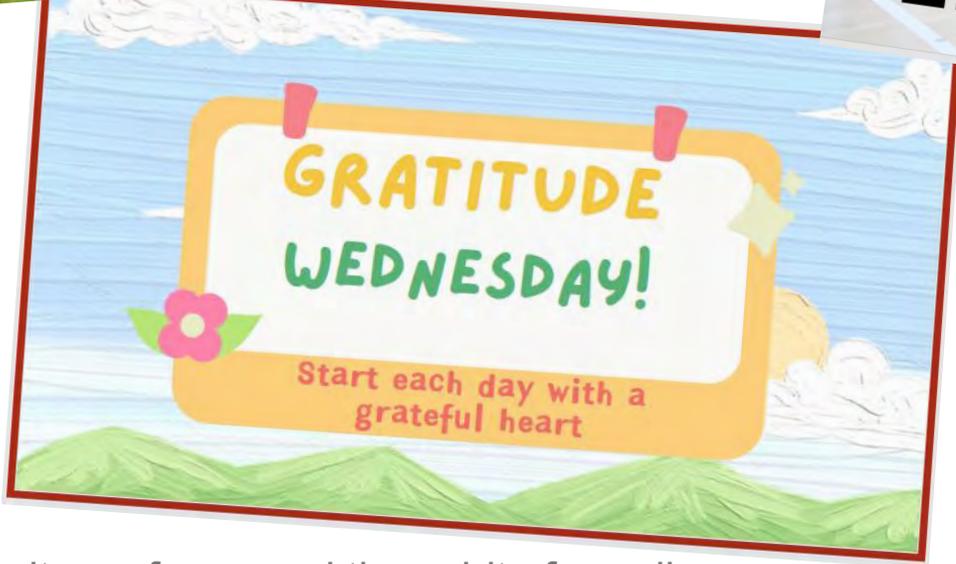


Mindfulness in Gratitude 2

I AM GRATEFUL TO HAVE YOU AS MY FRIEND

Who are the friends that you are grateful to have.
Why are you grateful to have them as friends?

Make a class friendship tree!



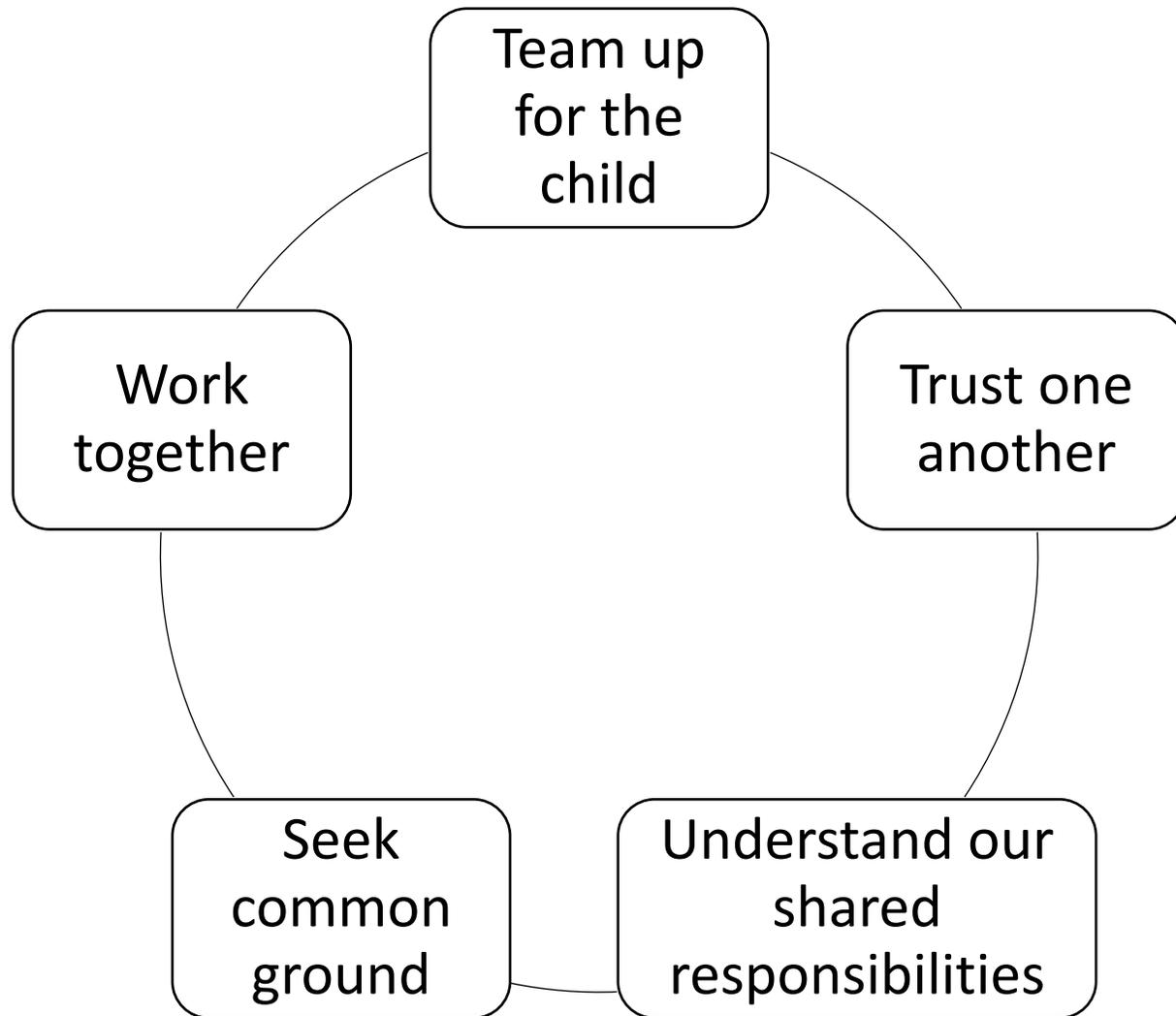
GRATITUDE WEDNESDAY!

Start each day with a grateful heart

Today's Health Quote

AN APPLE A DAY KEEPS THE DOCTOR AWAY





Our Common interest : Your child, Our student

Let's support one another jointly
as we **support and encourage** our
children in primary school education.



School-Home Partnership

Regular Communication with parents

Student Handbook, Email, Telephone Calls, PG, School Calendar (school website)

Sessions	DATE
P3 Parent Engagement Session	30 January 2026
Parent-Child-Teacher Conference [PCTC] (For selected students)	12 & 13 March 2026
Parent-Child-Teacher Conference [PCTC] (For all students)	28 & 29 May 2026
Parent-Child-Teacher Conference [PCTC] (For all students)	19 & 20 Nov 2026



Using the SKGian Handbook as a Resource

Pg 42

Continue conversation on target setting with your child at home.

<h1>S</h1>	<h1>M</h1>	<h1>A</h1>	<h1>R</h1>	<h1>T</h1>
SPECIFIC	MEASURABLE	ATTAINABLE	RELEVANT	TIME-BASED
				
Make goals clear and specific .	Define measurable assets.	Confirm your goals are attainable .	Verify your goals are relevant .	Set up a time-based plan.

CLASS VISION AND FOCUS

A class vision helps everyone in our class know what we want to become together. When we have a shared vision, we know what's important – like being kind, trying our best, and helping each other grow. It helps us stay focused, work as one team, and make our classroom a happy and safe place to learn.

CLASS VISION AND FOCUS

Termly Focus 

Term 1	Term 2
Term 3	Term 4

Remember!

Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world. – Joel A. Barker

42

Using the SKGian Handbook as a Resource

Pg 33

Motivate & guide your child in completing Grow Well Challenge

Grow Well Challenge

Let's grow stronger together—one healthy habit at a time! Join the challenges and track your progress daily. Each challenge focuses on one key to feeling your best: Eat Well, Sleep Well, Exercise Well, Learn Well and Bond Well.

Eat the Rainbow Challenge

- Eat at least 2 servings of fruits and vegetables each day.
- Try to eat a rainbow—different colors give you different nutrients!

Day	Fruits/Vegetables I ate today	2 servings of fruits ✓	2 servings of vegetables ✓
Mon			
Tue			
Wed			
Thu			
Fri			
Sat			
Sun			

ZZZZ... Quest

- Sleep at least 9 hours each night for one full week.
- Power down your device 1 hour before bedtime!

Day	Time I slept	Time I woke up	Hours slept	Did I manage 9 hours of sleep? ✓
Mon				
Tue				
Wed				
Thu				
Fri				
Sat				
Sun				

60 minutes Mission

- Did moving for at least 60 minutes a day—any kind of activity counts!
- PE lessons, CDA sessions, try walking, dancing, cycling, skipping, or any of your favourite sport.

Day	What I did (list activities)			Time spent (input time on activity 1, 2, 3)			60 minutes or more? ✓
	1	2	3	1	2	3	
Mon							
Tue							
Wed							
Thu							
Fri							
Sat							
Sun							

Screen Smart Project

- Keep screen time under 2 hours a day and take regular screen breaks.
- Spend more time connecting face-to-face or enjoying offline hobbies!

Day	Screen use (list activities)			Time spent (input time on activity 1, 2, 3)			Time spent on screen
	1	2	3	1	2	3	
Mon							
Tue							
Wed							
Thu							
Fri							
Sat							
Sun							



EARLY INTERVENTION IN FOUR KEY AREAS

Eat Well
 Good nutrition can support growth and enhance overall health and development.

Sleep Well
 Healthy sleeping routines can improve concentration, mood and physical development.

Learn Well
 Engage in diverse learning experiences for holistic development.

Exercise Well
 Regular physical activity can strengthen bodies, sharpen minds and boost self-esteem.

An equally important area:

Bond Well
 Cultivation of strong relationships within the family and social connections with friends. This supports and reinforces healthy lifestyles.

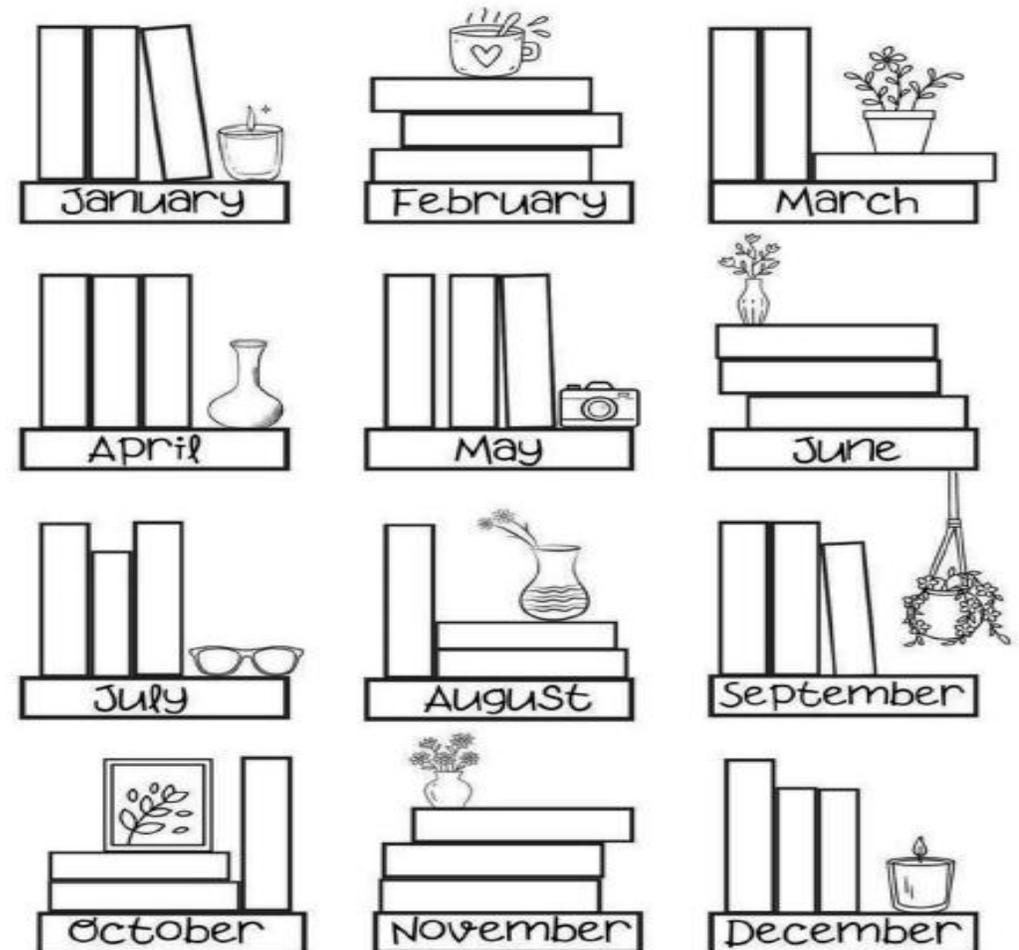
Using the SKGian Handbook as a Resource

Pg 37

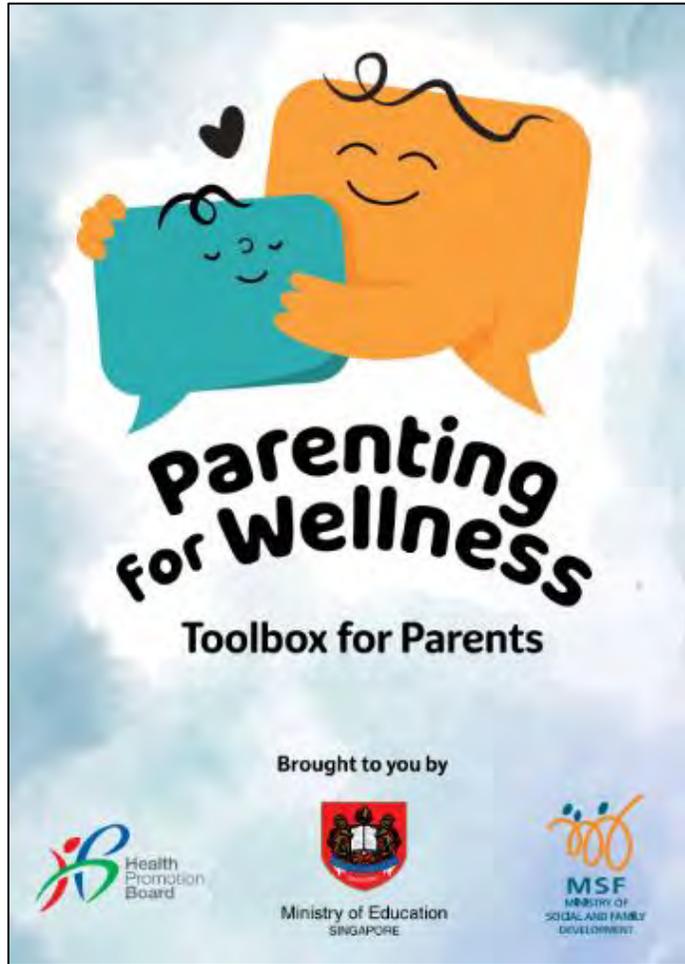
Bring your child to the library
Encourage your child to read
1 book each week

My Bookshelf

GOAL: I will read 1 book each week.
When you finish a book, colour one book on your bookshelf.
You may also write the book's title on the spine.



Latest Resource: Parenting for Wellness Toolbox



Comprises bite-sized practical tips and strategies for parents, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.

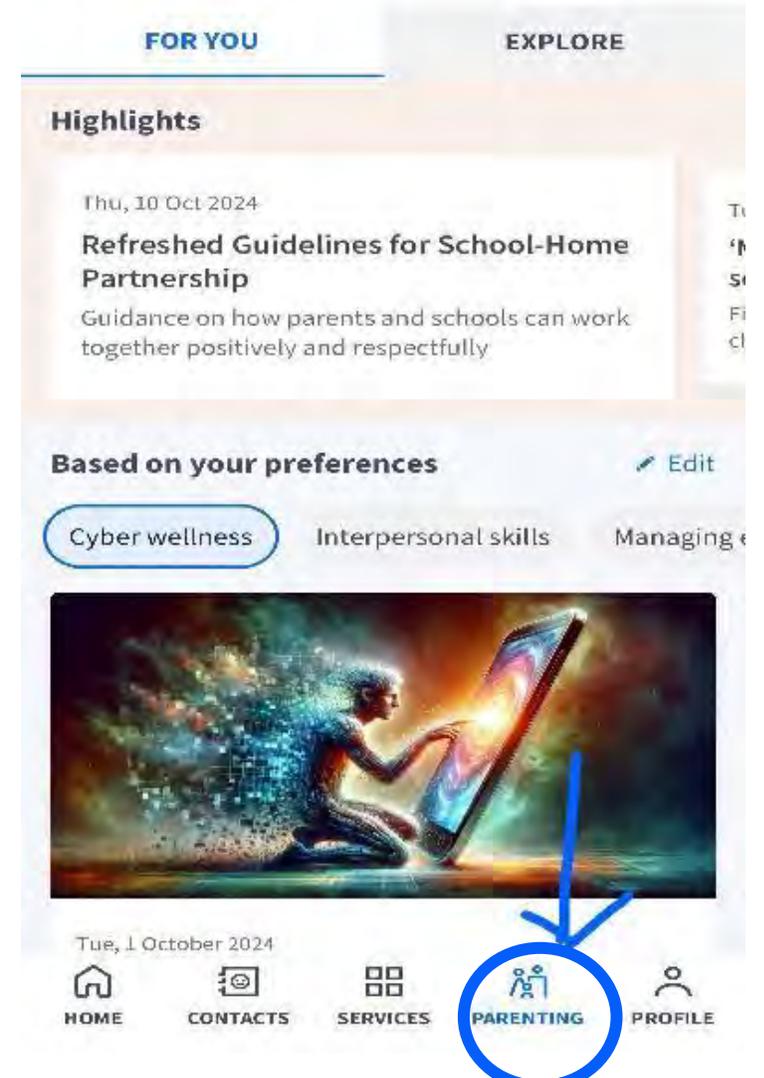


Check out Parenting Resources on Parents Gateway (PG)

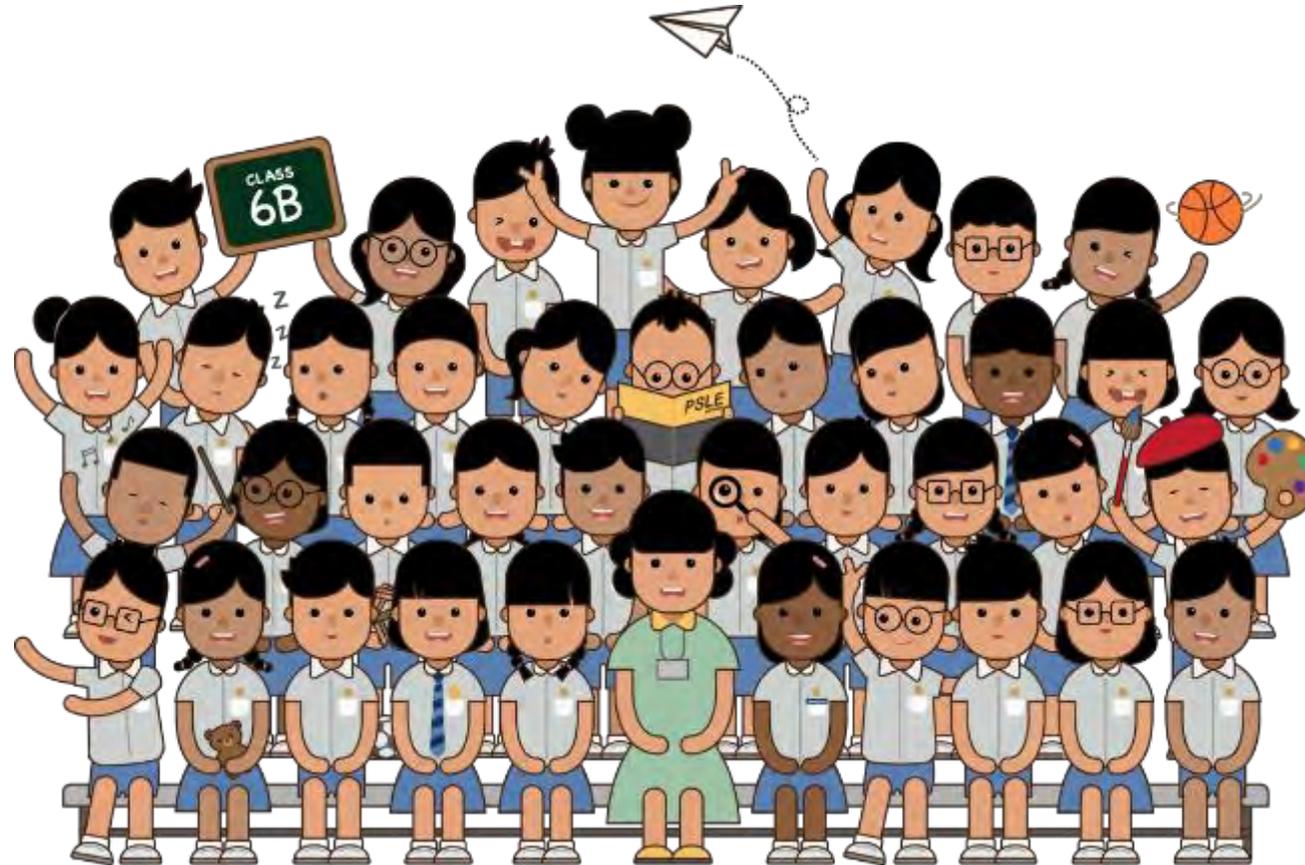


Parents Gateway

Parenting



THANK YOU



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